



CULINARY MEDICINE

REGISTER NOW

farmsfoodhealth.org

think like a chef
cook like a dietitian
eat like a local farmer

March 14, 2019 | 12-4:30 pm
Table Health | Traverse City, MI


This Farms, Food & Health training program offers health care providers an innovative Continuing Medical Education program that highlights local food, culinary, and nutrition trainings.

Take your practice to the kitchen and...

- ▶ Dive deep into the science of Adverse Childhood Experiences and toxic stress
- ▶ Get a primer in how stress affects digestive health and digestive health disorders
- ▶ Explore ways to improve digestive outcomes through culinary strategies
- ▶ Get up-to-date culinary nutrition skills from chefs and dietitians
- ▶ Improve the health of classic comfort food recipes using local ingredients
- ▶ Access cooking tips, patient education materials and more

Space is limited. Registration ends March 7, 2019.

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This activity has been planned and implemented in accordance with the Accreditation Elements and Policies of the Michigan State Medical Society through the joint providership of Munson Medical Center and Groundwork Center for Resilient Communities. Munson Medical Center is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

Munson Medical Center designates this LIVE activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.